

Guidelines for Scout physicals

By BSA policy, a health history is necessary for every Scout. A physical examination is necessary for any Scout going on any outing of 72 hours or more. The forms are online and fillable, so you can type the information rather than having to handwrite. Find links at the bottom of this page. Copy and paste the link into your browser to go straight to the form. Once you complete the online form, save it to your hard drive or a flash drive! You will especially benefit from saving to a hard drive or flash drive the NEXT time it needs to be done as all the vaccine dates and such will be in there.

Whether or not you save an electronic copy of the form, PLEASE PLEASE PLEASE **save a copy** for yourself. Over the years, I have managed to confirm that these forms for 80+ boys and 30 adults were in compliance and get them there intact. However, the Be Prepared motto works here. If there ever is a problem with your Scout or adult leader's physical forms, you have a copy on hand.

Some tips for accurate completion of the forms:

Part A

Both the Scout and a parent must sign and date

Please list an adult authorized to take your Scout to and from events. If this section is left blank, I fill in the Scoutmaster's name and phone number.

Part B

Unit leader is Paul Crooks. Council is HOAC and unit number is 374.

PLEASE list emergency contact name and number

Please list medical insurance information and include a copy of the front and back of the card. This is another document to save to a hard drive or flash drive. If you do not have medical insurance, just mark it as None.

If marking a 'yes' on anything in the health history, please detail. For example, if your Scout has asthma, note the last attack.

Please list any allergies! This is a must.

There MUST be a date of the last tetanus vaccination and it has to be within the last ten years. If you put all the dates in, and SAVE the form, it will be easy to update in subsequent years.

Part C

This section is completed by a physician, MD or DO, or by a physician's assistant, PA-C or a nurse practitioner, NP. Besides the signature, there needs to be the provider name, credential and contact information in legible print. Many physicians do this with a stamp or sticker. It is preferred that PA-C or NP providers also include the name of a supervising physician. This form has to be dated as well, to demonstrate that it occurred within the last year.

If your son takes medication, it is necessary to document that separately. The **Authorization for Administration of Medications** form is also found under General Resources section. You can indicate also your permission for over the counter medications such as Tylenol or antihistamines on this form. I recommend you do this! If your Scout takes medications on a regular basis, it is necessary to send it in a prescription bottle clearly labeled with the Scout's name, the name of the medication, the prescribing provider and instructions for use.

[Heart of America Council website](#)

[Boy Scout Camping physical form for greater than 72 hours](#)

[Boy Scout Medication Administration form](#)